

Gloucestershire Hospitals **NHS Foundation Trust**



Gloucestershire Postgraduate Medical Education

Cheltenham **Orthopaedic Courses 2011/12**

Basic Foot and Ankle— October 2011 Basic Knee Arthroplasty—November 2011 Basic Wrist Arthroscopy Course— May 2012 Basic Knee Arthroscopy— May 2012

> Venue: **Sandford Education Centre Cheltenham General Hospital Keynsham Road** Cheltenham Glos GL53 7PX Tel: 08454 22 3038 Fax: 08454 22 3242



We have been running Orthopaedic courses in Cheltenham for several years, starting with the Basic Knee Arthroscopy Course followed by the Basic Knee Arthroplasty Course and more recently the Basic Foot and Ankle Course. In addition we will be running a Wrist Arthroscopy course in 2012.

We invite expert Faculty from all over the country for these courses, which are a mix of lectures and hands-on practice sessions.

We look forward to seeing you at our courses in Cheltenham in 2011/12

Harminder S Gosal Consultant Orthopaedic & Knee Surgeon (Course Director – Basic Knee Arthroscopy Course) Cheltenham General Hospital

Basic Foot & Ankle Skills Course

Friday 21st October 2011



Lectures

- The Forefoot
- The Mid Foot
- The Hind Foot
- Foot and Ankle Sports Injuries

Hands on Workshops

- Scarf 1st MT Osteotomy
- Primary MTP Fusion
- TMT Fusions (4mm Cannulated Screws)
- Hind Foot Fusion (6.5mm Cannulated Screws)

This course is designed for : ST2, 3 and 4, Trust Registrars and Staff Grades

BOFAS Education Committee approved

This course is kindly sponsored by: Biomet Cost: £175.00 (Severn trainees only—£100.00)

Basic Knee Arthroplasty Course

Friday 18th November 2011



Lectures

- Patient Selection
- Surgical approaches
- Biomechanics and Bone Cuts
- The Varus and the Valgus Knee
- Ligament Balancing
- Patellofemoral Joint
- Complications

Two Workshop Practicals

- Hands on experience
- 3:1 Trainee/Consultant Ratio
- Competence Based Assessment—OCAP, DOPS,CBD & mini-CEX

This course is designed for :

ST2, 3 and 4, Trust Registrars and Staff Grades

This course is kindly sponsored by: Zimmer

Cost: £175 (Severn trainees only—£ 150.00)

Basic Wrist Arthroscopy Course

Thursday 10th May 2012



Lectures

- Wrist anatomy and portals
- Normal arthroscopic wrist arthroscopy
- What you can diagnose at arthroscopy
- What you can treat at arthroscopy

Hands on Workshops:

- Wrist arthroscopic set up
- Diagnosis at arthroscopy
- Therapeutic task at arthroscopy

This course is designed for:

ST2, 3 and 4, Trust Registrars and Staff Grades

This course is kindly sponsored by: Conmed Linvatec

Cost: £125

Basic Knee Arthroscopy Course

Friday 11th May 2012



Lectures

- Anatomy & set up
- Portal positioning/Meniscectomy/Lateral release
- Loose Body Retrieval
- Microfracture
- ACL Reconstruction overview
- Video Demonstration
- Tips & Pitfalls
- Complications

Hands on Workshops `Dry' & `Wet' Knees

Competence Based Assessment & Mini-CEX

This course is designed for:

ST2, 3 and 4, Trust Registrars and Staff Grades

BASK approved - 6 BOA CPD credits

This course is kindly sponsored by: Conmed Linvatec

Cost: £175 (Severn trainees only—£ 150.00)

For further information or to register for any of the courses, please contact:

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